



About

Githnî Îchiyabi

The Githni Inchiyabi Program, originally known as the Drum and Sash Program, addresses mental health and stigma related to HIV, Hepatitis C, and STBBIs within the Stoney Nakoda community.



GITHNÎ ÎCHYABI

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*Healing Through Culture, Connection,
and Community*





OUR FOCUS

HIV, Hepatitis C & STBBI Awareness:

Reducing stigma and approaching difficult topics with care and understanding.

2SLGBTQIA+ Inclusivity:

Celebrating diverse identities with safe spaces and resources.

Mental Health & Well-Being:

Providing support tailored to Indigenous experiences, promoting healing and overall wellness.

Our Initiatives

We are involved in initiatives associated with:

Sexual Health & Harm Reduction

(WiseGuyz at Mini Thni Community School, Day Treatment Program)

Mental Wellness & Self-Care

(Elders Group)

2SLGBTQIA+ Inclusivity

(Iyarhe Nakoda Youth Outreach, Peer Support)

Healthy Relationships & Consent

(Mini Thni Crisis Support, Mini Thni Community School)

For inquiries or to participate, please contact Adam Polisak at apolisak@stoneyhealth.com.

The **Githnî Îchiyabi** (*To Heal, Take care of, yourself*) project aims to support communities to develop cultural responses to HIV, Hep C, STBBI's, and related mental health and stigma



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