

## STONEY HEALTH SERVICES

Stoney Health Services provides guidance on Canmore area food support services for Morley community members.

**Contact the Stoney Health Services dietitians for more information**

403-881-2710



## STONEY HEALTH SERVICES

Box 8

Morley, AB

T0L 1N0

stoneyhealth.com

403-881-3920

Facebook: @StoneyHealthCentre

Twitter: @Stoney\_Health

Instagram: @stoneyhealth



**CANMORE  
FOOD  
SUPPORT  
SERVICES**

### **Bow Valley Food Bank**

Pickup days are Tuesday and Thursday  
12-1 pm and 6-7 pm

Phone: 403-678-9488

*Email:* fcscadmin@canmore.ca

*Phone:* 403-678-1551 to access an emergency food hamper.

### **Bow Valley Garden Centre**

Selling affordable produce, as available.

In-store purchasing is now available, contactless curbside pick-up and delivery.

*Hours:* 9:30 am - 5:30 pm daily.

*Phone:* 403-675-0701

### **Canmore Food Recovery Barn**

Food waste recovery now open Tuesday and Thursdays at 5:30 pm; signup required.

*Contact via Facebook:*

@CanmoreFoodRecoveryBarn

*Location:* Shepherd of the valet Lutheran church (near hospital) 1205-1<sup>st</sup> Ave



*Mountain Fire Foods chef preparing meals.*

### **Canmore Pasta Co**

Place an order and we will have it bagged and ready to go for you. If you aren't able to get out, call & we will deliver to anywhere in the Bow Valley at no cost. - free delivery for orders over \$50.

*Phone:* 403-678-5266

### **Canmore Good Food Box**

25lbs of (non-organic) fresh fruit and veg delivered once per month to a central distribution location. \$30 (Canmore Affordable Services card or anyone directly affected by COVID-19 \$25).

*Order online:*

[bowvalleygoodfoodbox.com](http://bowvalleygoodfoodbox.com)

### **Mountain Fire Foods**

If you would like a meal, come to the food market in Morley (near the RCMP station); Thursdays meals cost \$5 ea.

*Phone:* 403-678-1179 or contact the Stoney Health Dietitian for more information @ 403-803-7601

*Email:* mtnfirefoods@gmail.com

### **Rusticana Grocery**

We will deliver FREE to anyone in self-isolation, quarantine, and seniors, or anyone. Please order before noon Monday to Friday and we will deliver before 5pm. Minimum \$25

*Phone:* 403-678-4465

### **Sage Bistro**

Meat/fish/produce sale every Wednesday and Saturday. Some deliveries also available for those self-isolating. Email all orders anytime before 3pm on Wednesday for pick up that afternoon.

*Phone:* 403-678-4878

*Email:* todd@sagebistro.ca

