

## Stoney Health Services



Stoney Health Services provides guidance on Cochrane and Calgary area food support services for those in need in Morley.

Box 8  
Morley, AB  
T0L 1N0  
stoneyhealth.com  
403-881-3920  
*Facebook:* @StoneyHealthCentre  
*Twitter:* @Stoney\_Health  
*Instagram:* @stoneyhealth

**Contact the Stoney Health  
Service's dietitians for more  
information**

403-881-2710

**COCHRANE  
& CALGARY  
FOOD  
SUPPORT  
SERVICES**





## Cochrane Area

### Cochrane Depot (OT) Good Food Box

264 Paint Horse Drive Cochrane

T4C 2M3

Contact Crystal

Phone: 403-268-1610

### Bow Valley Baptist Church Cochrane

#### (OT) Good Food Box

54 W Aarsby Rd, Cochrane, AB

T4C 1M1

Contact Claudia

Phone: 587-577-0879

### Good Food Deliveries

Phone: 1-855-515-5191

[www.makegoodfood.ca/en/pricing](http://www.makegoodfood.ca/en/pricing)

You get four free meals in each of your two first baskets.

They deliver out to Morley, no delivery fee.

## Calgary Area

### 2-1-1 (Calgary & Area)

Assistance in purchasing food, if client is unable.

### Aboriginal Friendship Center of Calgary

Food hampers and non-food hampers being distributed from the Hub

Phone: 403-270-7379

Email: [ictf@afccalgary.org](mailto:ictf@afccalgary.org)

### Good Food Box

Low-cost boxes of fruits and vegetables are available for pick-up.

Boxes are available in three sizes:

Small (20 - 25 pounds) = \$25

Medium (30 - 35 pounds) = \$30

Large (40 - 45 pounds) = \$35

\*Must order a week in advance\*

Pick up days are: Wed, Thurs, and Fri. in Calgary.

Phone: 403-538-3780

Email: [gfb@ckpyyc.ca](mailto:gfb@ckpyyc.ca)

[www.ckpcalgary.ca/goodfoodbox](http://www.ckpcalgary.ca/goodfoodbox)

## Order online and curbside pick-up at your local store location

- **Walmart**  
[www.walmart.ca/en/grocery/N-117](http://www.walmart.ca/en/grocery/N-117)
- **Save on Foods**  
[www.saveonfoods.com/shop-online-how-it-works/](http://www.saveonfoods.com/shop-online-how-it-works/)
- **No Frills**  
[www.nofrills.ca](http://www.nofrills.ca)
- **Superstore**  
[www.pcxpress.ca/choose-a-store](http://www.pcxpress.ca/choose-a-store)

