

# MÎNÎ THNÎ COMMUNITY CONNECTION

*The latest news and updates from Stoney Tribal Administration, Stoney Health Services and other Mînî Thnî businesses and organizations.*



Families and loved ones of MMIWG2S peoples join Stoney Health Service's staff for a banner unveiling on the Mînî Thnî Road overpass prior to the May 11 community march to end violence and part of Red Dress Day. More photos @ stoneyhealth.com. Photo credit: Stoney Health Services

## IN THIS ISSUE

**Stoney Health Centre  
Expansion**

**Adult Wellness Centre Coming  
Soon! Input wanted.**

**A Space for Traditional  
Healing**

**Education Corner**

**FN Drinking Water Settlement**

**Ozîja Thiha Education Trust &  
Bears paw FN News**

**Public Health Updates**

**Share your Input. Advisory  
Circle Needs Members**

**Community Events**

## 1st Issue Connecting Community

Âba Wathtech. We are delighted to bring you the first issue of the *Mînî Thnî Community Connections* (Help choose a Stoney name for the newsletter. Details on back cover).

This newsletter reflects Bears paw, Chiniki and Goodstoney First Nations and community coming together to share the latest community news, events and resources for you. We plan to publish six times a year, or every two months. Next issue will come out for early September.

We want to hear from you! Please share what you think of this newsletter and let us know what news, features or events interest you. Text/call 403-888-0970 or [communications@stoneyhealth.com](mailto:communications@stoneyhealth.com). An e-newsletter will also be available for the 2nd issue with the print edition. Subscribe at [stoneyhealth.com/subscribe](http://stoneyhealth.com/subscribe) to receive by email. Îsniyes!

# Stoney Health Centre Expansion



*Left to right:* Chiefs Aaron Young (Chiniki), Darcy Dixon (Bears paw) and Clifford Poucette (Goodstoney) join executive director Aaron Khan (Stoney Health) to break ground for the new Stoney Health Centre expansion. Photo credit: Stoney Health Services, April 11, 2022

Expansion of the Stoney Health Centre is well underway as the mounds of soil grow and more heavy equipment rolls in.

With a steadily growing population on the reserve, health care needs and programs now exceed the physical capacity of the Stoney Health Centre – as client visits more than doubled between 2017 to 2020 alone.

With the planned expansion and renovation of the existing space, nearly doubling the current space to over 2,000 square metres, Stoney Health will continue to support the growing needs of the community for the future. The construction project is scheduled to be complete by 2024.

Thank you for your patience and efforts in following important safety measures. Apologies for any inconvenience caused during construction.

Architecture renderings of the future Stoney Health Centre (exterior, (top) and interior (bottom). Drop by the Health Centre to see these images blown up to see the plans for the new spaces.



**Watch it grow!** Throughout construction, video footage will capture progress and stages of development. Subscribe today to the Stoney Health YouTube video for the latest video updates.







Aerial photograph of the new Stoney Nakoda Adult Wellness Centre. The new facility will open later this year and includes short-term housing, treatment areas and staff spaces for people recovering from substance use addictions.

## Share Your Voice!

We need your input into the future care offered at the AWC. Contact Denise Mitchell, director, mental wellness (dmitchell@stoneyhealth.com or 403-881-2762) to share your input on the action plan.

Small meetings and consultations will be held over the summer and fall. Contact Denise if interested in participating.

## A Space for Traditional Healing

Construction is nearing completion of Ina Makoche, a place for cultural and traditional healing.

The healing space will offer a local berry u-pick patch, smokehouses, a sweat lodge built by Stoney Nation pipe holders, a ceremony circle, medicine wheel and picnic tables.

An opening is being planned for mid-summer. Everyone in the community is welcome.

Share what you think the vision and plan for the space moving forward.

Contact Jeanette Wildman, cultural liaison, jwildman@stoneyhealth.com, 403-881-2799

## Stoney Nakoda Adult Wellness Centre Coming Soon!

Have you noticed the changes on the northside hill near Wesley Elders Lodge?

There are two exciting new projects underway that will provide new health and wellness options to the community - an Adult Wellness Centre (AWC) and an outdoor cultural and traditional healing space.

Finishing touches on the wellness centre are occurring. In the next month or so, calls will go out to hire key staff roles to run the centre to assist people recovering from addictions. Details will be shared on the Stoney Health Service's web and social.

## A space for traditional healing Practices

# Ina Makoche Project



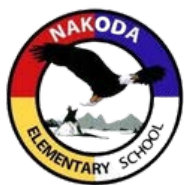


### Community Voices & Input Wanted

A space, open to the community, for traditional healing practices, offering:

- Local berries U-pick - free picking for community members (once the scrubs are ready and producing fruit)
- smokehouses
- a sweatlodge built by Stoney Nation pipe holders
- a ceremony circle/community gathering
- a medicine wheel
- picnic tables

**Contact Jeanette Wildman,**  
**Cultural Liaison, Stoney Health Services**  
**403-881-2799 | jwildman@stoneyhealth.com**



## School's Out for Summer

Kids' excitement and parents' reluctance are telltale signs of the school year's end. Last day of classes for preschool and kindergarten was June 22 and for grades 1 to 5 classes ended on June 29.

June was a busy month for elementary students with field trips, graduations, farewells, and activities celebrating Indigenous History Month.

As September approaches, check the NES Facebook page for the latest updates: [www.facebook.com/nakodaelementary](https://www.facebook.com/nakodaelementary) or call the school at 403-881-2219!

Îsniyes, and have a fun and safe summer!

## First Nations Drinking Water Settlement Information Sheet

Application is for the purpose of providing compensation for those affected by the water advisory dated: Nov 27, 2001 - Aug 02, 2005, Oct 20, 2006 - Mar 21, 2014. Some people who suffered specified harms can apply for additional compensation.

Two different claim forms are available

1. **Individual** - applying for yourself
2. **Representative** - applying for your child/ren or deceased loved one (Died on or after November 2017)

Specified injuries- Two levels

1. **Harm Level 1** is for serious harms that lasted more than a month but less than a year
2. **Harm Level 2** is for serious harm that lasted more than one year

**Claim forms are Available at MTCS Office (NW Trailer closest to Headstart)**

**Claim forms can also be submitted online.**

If you need assistance, we have three of our MTCS Social workers that can assist:

Step 1: Pick up the claim form

Step 2: Complete all parts of the Self declaration form

Step 3: Book an appointment, Bring with you 2 pieces of ID, & a Direct deposit form; Parts 3 & 5 will be signed

**To book an appointment or for more information call 403-881-2600**

**Mini Thni Crisis Support**



Nakoda Elementary kids collect rocks along the Bow River banks for the future medicine wheel at the new traditional healing space near Wesley Lodge.

## Chiniki College News

Chiniki College offers a variety of programs that are available to all Stoney Nakoda members, including:

*Upgrading* for those students who already have a grade 12 diploma and need to upgrade in certain subjects to meet the requirements for certain programs at a post-secondary institution.

*Vital Program:* This program is for students who need to complete high school. It is funded partly by Alberta Works. The number of seats is limited and is based on the number of credits assessed to complete high school. Applications were due June 20 for the fall session.

*WLABE (Workplace Literacy Adult Basic Education)* This 40-week program is designed to prepare students for either finding a job or returning to school. Apply now at Chiniki College for the fall 2022 semester.





DONATE

## Together We Can Do Something Great

Your support will help encourage a Bears paw First Nation student to complete a post-secondary certificate, diploma or degree. In addition, it will help the Ozija Thiha Education Trust to build a legacy fund that supports students and provides scholarships and bursaries for generations to come.

Visit our website for additional information at [OTET.ca](http://OTET.ca)

Send your contribution to:  
Ozija Thiha Education Trust  
P.O. Box 1129  
Morley, AB T0L 1N0



Billboard along Trans-Canada Highway promotes Ozija Thiha Education Trust fund..

## Investing in Our Youth and Their Education

Bears paw First Nation has established the Independent Ozija Thiha Education Trust for Bears paw students.

Bears paw also recently awarded \$500 cheques and certificates to high school grads and looks forward to helping students achieve their educational goals.

Contact the Band office or go to [otet.ca](http://otet.ca) online if you want more info or to donate to the Ozija Thiha fund.

### BEARSPAW CHIEF AND COUNCIL PROUD TO ANNOUNCE ESTABLISHMENT OF OZİJA THIHA EDUCATION TRUST



Ozija Thiha Education Trust

The Ozija Thiha Education Trust is an independent trust fund that was created by Bears paw Chief and Council to assist, recognize and promote qualifying Bears paw students financially through scholarships and awards.

The purpose of the OTET is to assist and encourage in the educational development of Bears paw members, with the view for them to complete their education at the trades, college and university levels and obtain a profession, trade or skill that will benefit themselves and in turn the Bears paw First Nation as a whole.

MORE INFORMATION COMING SOON!

TO ASSIST OUR STUDENTS PRESENT & FUTURE

# Easing COVID-19 Public Health Measures

## Good News for Summer Travelers

Passengers no longer need to be fully vaccinated — with an approved COVID-19 vaccine — to board a plane or train in Canada.

Vaccinated Canadians returning from outside the country must still meet entry requirements, including using the ArriveCAN mobile app or desktop version to submit their travel- and COVID-19-related information within 72 hours before their arrival in Canada. The unvaccinated must still meet additional testing and quarantine requirements or face a fine up to \$5,000 or criminal prosecution. Masks remain mandatory for those boarding planes or trains.

Meanwhile, the U.S. has removed the requirement for foreign travelers to test negative for COVID-19 within 24 hours of boarding a flight into the country.

Alberta's last remaining COVID-19 public health restrictions recently came to an end. Mandatory masking on public transit came to an end, as well as mandatory isolation. Isolation remains recommended for those who have COVID-19 symptoms or a positive test result.

Note: Masking is required at ALL Stoney Health Service's and other health care locations to protect the most vulnerable.



## BUS STOPS

- 1 Mini Thni (Stoney Tribal Administration)**  
40 Morley Rd, Morley
- 2 Chiniki Gas Bar**  
TransCanada Highway & Morley Road (Exit 131), Morley, AB
- 3 Stoney Nakoda Resort & Casino**  
888 Nakoda Way, Kananaskis
- 4 The Station: Cochrane (Library)**  
360 Railway St W, Cochrane

**Tickets: \$5 one-way**



minithnitransit.ca | 403-703-6731

BUS SCHEDULE				
MONDAY-THURSDAY	The Station: Cochrane	9:30am	12:00pm	5:00pm
	Mini Thni	10:05am	12:35pm	5:35pm
	Chiniki Gas Bar	10:10am	12:45pm	5:45pm
	Stoney Nakoda Resort & Casino	10:35am	1:05pm	6:05pm
	Chiniki Gas Bar	10:50am	1:25pm	6:25pm
	Mini Thni	11:00am	1:35pm	6:35pm
	The Station: Cochrane	11:40am*	2:10pm*	7:10pm
	Mini Thni	-	-	7:45pm
	Chiniki Gas Bar	-	-	7:55pm*
FRIDAY	The Station: Cochrane (Depart)	9:30am	3:30pm	6:00pm
	Mini Thni	10:05am	4:05pm	6:35pm
	Chiniki Gas Bar	10:10am	4:15pm	6:45pm
	Stoney Nakoda Resort & Casino	10:35am	4:35pm	7:05pm
	Chiniki Gas Bar	10:50am	4:55pm	7:25pm
	Mini Thni	11:00am	5:05pm	7:35pm
	The Station: Cochrane (Arrive)	11:40am*	5:40pm*	8:10pm
	Mini Thni	-	-	8:35pm
	Chiniki Gas Bar	-	-	8:45pm*
SATURDAY-SUNDAY	The Station: Cochrane	11:00am	2:00pm	5:10pm
	Mini Thni	11:35am	2:35pm	5:45pm
	Chiniki Gas Bar	11:45am	2:45pm	5:55pm
	Stoney Nakoda Resort & Casino	12:05pm	3:05pm	6:15pm
	Chiniki Gas Bar	12:25pm	3:25pm	6:35pm
	Mini Thni	12:35pm	3:35pm	6:45pm
	The Station: Cochrane	1:10pm*	4:10pm*	7:20pm
	Mini Thni	-	-	7:55pm
	Chiniki Gas Bar	-	-	8:05pm*

\*Drop off only



## LAB APPOINTMENTS NOW REQUIRED

**Starting July 1, 2022, all clients requiring any lab test at Stoney Health Centre, must have an appointment.**

**Same-day appointments are available and strongly encouraged.**

**Clients will be directed to make appointments for all lab work.**

Drop-ins for any lab work are no longer accepted. Clients will be directed to make an appointment when they arrive.



**SPEAK TO THE STONEY HEALTH SERVICE'S RECEPTIONIST TODAY TO BOOK AN APPOINTMENT!**

IN-PERSON OR  
📞 403-881-3920

## Lab Appointments Now Required

Starting in July, anyone requiring lab work must book an appointment with Stoney Health Service's reception, either in-person or by calling 403-881-3920.

This applies to anyone who requires any lab work following a same-day visit with a physician or other healthcare professional at the Health Centre. Stoney Health will assist clients in the order of their appointment booking time. Drop-ins, without appointments, are no longer accepted.

Following an appointment, clients will be escorted back to the main reception area and directed to reception staff to schedule a lab appointment. Same day appointments may be available and will be encouraged.

## Client Advisory Circle Looking for Members

The renewed Stoney Health Service's Client Advisory Circle is looking for members. We welcome anyone who wants to volunteer to give a voice to health care in the community.

We are looking for 10-15 people of all backgrounds and ages (youth, adults and elders, men and women) to represent the community.

Interested? Contact Wendy Thatcher, [client@stoneyhealth.com](mailto:client@stoneyhealth.com) or 403-888-0970.

The first meeting is planned for late August/early September. Participants will be asked to volunteer 2 hr., 3-4 times per year for meetings. Transportation is available.

### NEED NON-EMERGENCY MEDICAL TRANSPORT?

- Stoney Health Services appointments?
- Specialist appointments in Calgary or Bow Valley area?
- Medically necessary treatments not offered at Stoney Health?

**WE ARE HERE TO HELP.**



### STONEY HEALTH SERVICES

**MONDAY - FRIDAY**

**9:00 AM - 4:30 PM**

**CALL: 403-881-2709**

Call ahead. Notice required.  
\*\*24 hr for SHS appointments  
\*\*48 hr for specialist appointments outside of Morley

**After hours (hospital/urgent care), including weekends and holidays**

Give this number to medical staff to arrange transport through (NIHB): **1-866-227-0943**

## Weekly Events

**Monday to Friday:** Stoney Health Fitness Centre at the Bears paw Youth Centre is open weekdays from 11 am – 4pm. Drop by and ask Mel Bigstony about free personal training. The entrance to the gym is locked at all times and times are subject to change. Call 403-223-7878 when you arrive.

**Wednesdays:** Mîni Thnî Virtual Wellbriety Group Anyone impacted by substance use is welcome. Share with your family and loved ones. Starts at 6:30 pm on Zoom Meeting ID: 897 1520 2985 | Passcode: nakoda Contact TJ (403-875-7718) for info.

**Thursdays:** Weekly Community Food Market! Drop by anytime between 12 - 3 pm at the Community Kitchen. Shoppers can choose to purchase a prepacked food bags or select your own veggies, fruit and other delicious yummy items. For pregnant moms and moms with babies, up to four food vouchers a month are available. Talk to a Stoney Health nurse or dietitian for details.

## Upcoming Events

Hosted by the Mini Thni Crisis Support team

July 20 – Self Care by the river

July 21 – Soup it Forward

July 26 – Elders Session

Details will be shared on social media and community bulletin boards closer to the event dates.

Mark your calendars for these Band recognized statutory holidays.

All Stoney Tribal Administration departments are closed.

- *July 1:* Canada Day
- *July 8:* Calgary Stampede Parade Day
- *July 15:* Stoney Day Calgary Stampede Indian Village
- *August 1:* Heritage Day
- *September 5:* Labour Day

If you need urgent care, call Nakoda EMS 403-932-3222 or 911. For non-urgent care, call 811.

## Featured Events

**Yahoo!** On July 5 from 11 am – 3pm, Stoney Health Services and Nakoda Emergency Services are cohosting Mîni Thnî Stampede Breakfast for the community at the Wesley Elder Lodge.

We're chomping at the bit for everyone to come out for a good 'ole stampede, family-friendly event.

Wear your Stampede clothes and bring your friends and family. Get ready to 'Yahoo'!




**Mîni Thnî Stampede Breakfast**

**Tuesday, July 5, 2022**  
**11 am - 3 pm**  
**North Side Elders Lodge**

Join Stoney Health Services and Nakoda EMS for breakfast. It'll be good 'ole Stampede fun for the whole family.

**Live Band**  
**Jr & Boyds Band**  
 Bouncy castle, games and fun for all!

**SAIT Drone Research Demonstration**

### Newsletter Naming Contest

Help us choose a name - ideally in Stoney - for the community newsletter. Send ideas via text to 403-888-0970 or email [communications@stoneyhealth.com](mailto:communications@stoneyhealth.com). Winners will be acknowledged in the next issue.

This newsletter is produced and published by Stoney Health Services with submissions from local agencies and businesses.

If you have a story, event or something community-related to highlight, send to [communications@stoneyhealth.com](mailto:communications@stoneyhealth.com). *Deadline for the next issue is August 15.*