



STONEY  
HEALTH  
SERVICES

# HEALTH FAIR 2022

*Daâ Îchihnûhabi agichikpadâbi*

**September 14, 2022 | 10 AM - 4 PM**

**Bearspaw Youth Centre**

Health & Wellness Resources  
Keynote Speakers | Door Prizes  
Wellness and Cultural Workshops  
Food Trucks | Entertainment

The event is free and open to Mînh Thnî and surrounding communities.





# STONEY HEALTH SERVICES HEALTH FAIR 2022

*Daâ Îchihnûhabi agichikpadâbi*

## **MAIN EXHIBIT HALL (GYMNASIUM)**

10:00 am  
**Grand Entrance**

10:00 am  
**Exhibit Hall Opens**

10:00 am – 2:00 pm  
**button making with  
Marigold Library**  
(child and youth  
activity)

4:00 pm  
**Exhibit Hall Closes**

## **MAIN STAGE (GYMNASIUM)**

10:30 am  
**Opening Ceremony**

11:00 am  
**Dr. Terry Poucette**  
keynote (Resiliency)

12:10 pm  
**Wellness Workshop**  
**Elder healing circle**

1:00 pm  
**Opioid Antagonist  
Therapy (OAT) and  
Family Support**

1:20 pm  
**Mental Wellness and  
Grounding**

1:40 pm  
**Entertainment by  
Cleavon Abraham**

2:00 pm  
**Zumba & Body Move**

2:30 pm  
**Mindfulness & Coping  
with Anxiety**

3:30 pm  
**Closing Ceremonies**

## **OUTDOOR WELLNESS WORKSHOPS & GATHERING SPACES**

### **TIPI ONE**

12:10 pm  
**Art Therapy, limited  
seating, onsite sign-up**

2:00 pm  
**Tipi Making, limited  
seating, onsite sign-up**

### **TIPI TWO**

12:10 pm (2.5 hr)  
**Beading, limited  
seating, onsite sign-up**

Rest of day  
**Gathering Space**

### **TIPI THREE**

2:00 pm  
**Horticultural  
Workshop, limited  
seating, onsite sign-up**

### **TIPI FOUR**

All day  
**Lunch Seating Area  
and Gathering Space**