



Mîni Thnî (Morley), AB

## What is “OAT”?

**Opioid Agonist Therapy**, or “OAT” is a safe and effective medication-based treatment for people who are dependent on opioid drugs such as heroin, fentanyl and oxycodone. The most common medications are **Suboxone** and **Sublocade**.

Treatment helps individuals improve their day-to-day functioning, find stability, manage withdrawal symptoms and work toward long-term recovery.

OAT can lower the risk of substance use related harms, including: Hepatitis C and HIV transmission, fatal overdose or the need to engage in risky or illegal behaviour. OAT promotes connection to health and addiction services.

## Contact Us

### Stoney Health Services Harm Reduction and Sexual Health Trailer

**Trailer #23** (located between **Income Support** and **Nakoda Headstart**).

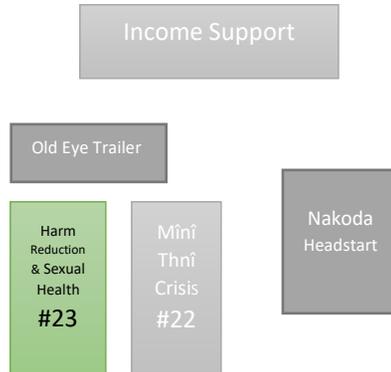
**Monday – Friday | 9:00am – 4:30pm**

**Call or Text:** 403-807-0622

**Email:** [oat@stoneyhealth.com](mailto:oat@stoneyhealth.com)

This is a walk-in service.

No referral needed.



### OPIOID AGONIST THERAPY (OAT) PROGRAM

Box 8

Mîni Thnî, AB

TOL 1N0



# OPIOID AGONIST THERAPY (OAT) PROGRAM

*Medication Replacement Therapy to reduce cravings and manage opioid withdrawal*

## How to Get Started?

Walk into the Stoney Health Services **Harm Reduction Trailer** Monday to Friday from 12:30- 4:00pm or call us. 1-403-807-0622

-or-

Call the **Virtual Opioid Dependency Program (VODP)**. 7 days a week from 8:00am to 8:00pm.

1-844-383-7688



**OAT is safe to use during pregnancy.**

**Supportive counseling and ongoing support are important parts of quitting opioids.** Once started, we will continue to support you in achieving your goals, connecting you with resources and supporting your journey.

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*“Healthier people in a healthier Stoney Nation”.*

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### Suboxone:

*(Buprenorphine/Naloxone)*

**What:**

Once daily pill that dissolves under your tongue.

**Pros:**

The first line of treatment. Quick to find the correct dose. Easy to get “carries”.

**Cons:**

You must be in withdrawal to start.

### Sublocade:

*(Buprenorphine)*

**What:**

Once-a-month injection.

**Pros:**

Lasts all month. Stable level of medication. No worries about losing or theft of your medication. Good for chronic pain.

**Cons:**

May make a small bump under the skin until it dissolves.

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**All OAT medications are covered by Non-Insured Health Benefits (NIHB).**



*Suboxone tablet.*

### Methadone:

*(Methadose)*

**What:**

Liquid medication taken daily.

**Pros:**

Don't need to stop taking opioids.

**Cons:**

Requires daily witnessed ingestion by pharmacist or nurse. Can be fatal if taken by someone else. Risk of toxicity or overdose with other meds. Risk for addiction. Negative long term health effects.

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For more information on [Opioid Agonist Therapy](#), naloxone training, harm reduction or safer substance use, please contact one of the harm reduction nurses at 403-807-0622.

Or visit the [Harm Reduction and Sexual Health Trailer](#).